

Tribe Volleyball Handbook Player Commandments

2022/2023

TRIBE Player Commandments

One of my goals with TRIBE is to become the best volleyball player and person I can be. I understand that my participation in the Club requires that I conduct myself with these TRIBE Player Commandments at the forefront of my actions and behaviors. I understand that failure to meet these expectations will cause my playing time to be reduced or eliminated.

1. ATTENDANCE –I will attend all practice sessions, matches and tournaments. If I am unable to attend, I shall notify the coach or assistant coach 1 day prior to the session. I will provide a calendar of known dates that conflict with my commitment to practices and tournaments in advance to the parent representative and / or coach. I will never leave a practice or tournament without first receiving permission from my coach.

2. PARTICIPATION –I will exhibit a teamwork attitude, attend all practice sessions, matches and tournaments. I understand the coaches make the final decision on all play time and will support their decision. I will discuss my role on the team with my coach on a one-on-one basis and request feedback and suggestions to improve my skills and to increase my playing time.

3. SPORTSMANSHIP –I will be courteous and respectful, to the facilities I am practicing or playing in at all times, to all coaches, my teammates, my competitors, the referees, and others. I will exhibit exemplary sportsmanship whether the team is winning or losing, playing well or not playing well. I will be a positive model to my fellow players, coaches and the player's parents.

4. HELPFULNESS - I will arrive early to all practice sessions and tournaments. I will be prepared to assist in net setup and tear-down, gym or team "campsite" cleanup, share all referee, line judge and work responsibilities.

5. COURTESY –I will not use any inappropriate language or gestures during practice or tournaments or while representing TRIBE.

6. COOPERATION –I will cooperate with my coaches and teammates and be ready to play every position in the spirit of teamwork.

7. APPEARANCE –I will dress appropriately, in the team uniform, for all tournaments.

8. COMMITMENT –I will budget my time to meet the responsibilities of being a TRIBE team member, maintaining my academic goals, and participating in social and community projects.

9. COMMUNICATION –I will communicate both on and off the court with my teammates and coaches for mutual understanding. If I am concerned about playing time and skill development, I will communicate directly with my coach and request help.

10. ATTITUDE –I will work hard at practices and tournaments. I will take the time together as a team seriously. I will be attentive and focused on my coach's

instruction. I will embrace their suggestions for improvement with eagerness and appreciation from my coach. I will be responsive to their requests and be willing to try new or different things.

Athlete's Signature Date _____

Parent's Signature Date _____

Team Philosophy

Elite and Travel Teams

This team level requires the **greatest level** of financial, travel, time, and attitude **commitment** towards playing TRIBE volleyball. As such, for both in- Region and out-of-Region competitive tournament events, all **playing time** for the team players **is based on what the Head and Assistant Coaches' feel will win**. This includes all decisions on rotation, substitutions, starting player assignments, etc.

This means that there will be **uneven playing time** for the players and the decisions are based on the coaches' discretion and his / her goals for the team. The Coach, Player, and Parent **Commandments** are to be applied to assure that any issues are proactively dealt with.

In addition, these **Elite / travel teams are expected to participate** in all of the **In-Region tournaments**, typically 2 to 6, **1 team (and possibly 2 teams) register for a**

birth to the National Tournament in July. They will also play in **2 to 5 Out-of-Region** tournaments.

Regional/Local Teams

These team levels require a **lesser level** of financial, travel, time, **But the attitude commitment and seriousness** of each players' commitment towards playing

TRIBE Volleyball Club **is mandatory to be equally as high as the 1 team.**

For these levels, both In-Region and Out-of-Region competitive tournament events, all playing time for the team players is based on what the Head and Assistant coaches feel will develop his/ her team and players skills. This will allow players more opportunities to learn and succeed, while still teaching and coaching to win. Decisions on the rotation, substitutions, starting player assignments, etc., may be made to develop a player versus always playing and starting the "best" players on the team.

Note: Coaches...this does not mean that you must have all players to play on a precise exact and the same amount of court time. Be aware there is a balance between teaching the team to "want to win" and your decision to show up and to play just to play. The intent of this philosophy is to **work hard to win**, but not at the expense of losing out on providing an opportunity for you to teach and for those players to develop and learn. The Coach, Player, Parent Commandments are to be applied to assure no issues or that any issues proactively dealt with. Playing time for players, will be close but not necessarily balanced for all. Some players will get more playing time and some players will get less.

Minor Athlete Abuse Prevention Policies

Covered Organizations/LAOs are required to implement the following athlete abuse prevention policies

To satisfy these requirements, USA Volleyball provides these policies to USAV member clubs. Clubs may choose to implement stricter standards.

SafeSport Club Policies

1. One-on-One Interactions, including meetings and individual training sessions (Clubs are required to establish reasonable procedures to limit one-on one interactions, as set forth in federal law)
2. Massages and rubdowns/athletic training modalities Locker rooms and changing areas
3. Social media and electronic communications
4. Local travel
5. Team travel

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11. Social media and electronic communications 12. Local travel

13. Team travel

These policies shall apply to the following:

1) Adult members at a facility that is either partially or fully under the jurisdiction of a

FLORIDA REGION CLUB

2) Adult members who have regular contact with amateur athletes who are minors

3) Any adult authorized by **FLORIDA REGION CLUB** that may have regular contact with or authority over an amateur athlete who is a minor

4) Adult staff and board members of a **FLORIDA REGION CLUB** (Collectively "Applicable Adult" for the purposes of this policy)

POLICY 1 - ONE-ON-ONE INTERACTIONS

Observable and interruptible

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor's legal guardian) at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** are permitted if they occur at an observable and interruptible distance by another adult.

One-on-one interactions between minor athletes and an Applicable Adult (who is not the minor's legal guardian) at a facility partially or fully under the jurisdiction of a Covered Organization/LAO are prohibited, except in the circumstances described in meetings with mental health care professionals and health care providers of this section and under emergency circumstances.

Meetings between Applicable Adults and minor athletes at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** may only occur if another adult is present, except under emergency circumstances. Such meetings must occur where interactions can be easily observed and at an interruptible distance from another adult.

If a one-on-one meeting takes place in an office at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**, the door to the office must remain unlocked and open. If available, it will occur in an office that has windows, with the windows, blinds, and/ or curtains remaining open during the meeting.

Meetings with mental health care professionals and health care providers

If a mental health care professional and/or health care provider meets with minor athletes at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB**, a closed- door meeting may be permitted to protect patient privacy provided that:

The door remains unlocked and another adult is present at the facility.

The other adult is advised that a closed-door meeting is occurring written legal guardian consent is obtained in advance by the mental health care professional and/or health care provider, with a copy provided to the organization.

Individual training sessions

Individual training sessions between Applicable Adults and minor athletes are permitted at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB** if the training session is observable and interruptible by another adult. It is the responsibility of the

Applicable adults to obtain the written permission of the minor's legal guardian in advance of the individual training session if the individual training session is not observable and interruptible by another adult. Permission for individual training sessions must be obtained at least every six months. Parents, guardians, and other caretakers must be allowed to observe the training session.

POLICY 2 - MESSAGES AND RUBDOWNS/ATHLETIC TRAINING MODALITIES

Any massage or rubdown/athletic training modality performed at a facility or a training or competition venue under the jurisdiction of **FLORIDA REGION CLUB** must be conducted in an open and interruptible location. Any massage of a minor athlete must be done with at least one other adult present and must never be done with only the minor athlete and the person performing the massage or rubdown/athletic training modality in the room.

LOCKER ROOMS AND CHANGING AREAS Non-exclusive facility

If **FLORIDA REGION CLUB** uses a facility not fully under their jurisdiction (for, e.g., training or competition or similar events) and the facility is used by multiple constituents, Applicable Adults in categories 1 through 4 are nonetheless required to adhere to the rules set forth herein..

Use of recording devices

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces at a facility under the jurisdiction of **FLORIDA REGION CLUB** is prohibited. Exceptions may be made for media and championship celebrations, provided that such exceptions are approved by the **FLORIDA REGION CLUB** and two or more Applicable Adults are present.

Undress

Under no circumstances shall an unrelated Applicable Adult at a facility under the jurisdiction of **FLORIDA REGION CLUB** intentionally expose his or her breasts, buttocks, groin, or genitals to a minor athlete.

One-on-one interactions

Except for athletes on the same team, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area when at a facility under the partial or full jurisdiction of **FLORIDA REGION CLUB** , except under emergency circumstances.

If **FLORIDA REGION CLUB** is using a facility that only has a single locker room or changing area, separate times will be designated for use by Applicable Adults, if any.

Monitoring

FLORIDA REGION CLUB will regularly and randomly monitor the use of locker rooms and changing areas at facilities under their jurisdiction to ensure compliance with these policies.

POLICY 3 - SOCIAL MEDIA & ELECTRONIC COMMUNICATIONS

As part of the **FLORIDA REGION CLUB** emphasis on athlete safety, all electronic communications between a coach and athlete must be professional in nature and for the purpose of communicating information about team activities.

Content

All electronic communication originating from Applicable Adults to minor athletes must be professional in nature.

Open and transparent

Absent emergency circumstances, if an Applicable Adult with authority over minor athletes needs to communicate directly with a minor athlete via electronic communications (including social media), another Applicable Adult or the minor athlete's legal guardian will be copied.

If a minor athlete communicates to an Applicable Adult (with authority over the minor athlete) privately first, said Applicable Adult should respond to the minor athlete with a copy to another Applicable Adult or the minor athlete's legal guardian.

When an Applicable Adult with authority over minor athletes communicates electronically to the entire team, said Applicable Adult will copy another adult.

Minor athletes may "friend" the organization's official page.

Facebook, instagram, twitter, tik tok, and/or any similar sites

Coaches may not have athletes of **FLORIDA REGION CLUB's** Team join a personal social media page. Athlete members and parents can friend the official **FLORIDA REGION CLUB's** Team page and coaches can communicate to athlete members through the site. All posts, messages, text, or media of any kind between coach and athlete must be professional in nature and for the purpose of communicating information about team activities or for team-oriented motivational purposes.

Twitter, instant messaging and similar media

Coaches and athletes may “follow” each other. All posts between coach and athlete must be for the purpose of communicating information about team activities.

Email and similar/electronic communications

Athletes and coaches may use email to communicate. All email content between coach and athlete must be professional in nature and for the purpose of communicating information about team activities. Where the coach is a staff member and/or volunteer, email from a coach to any athlete we recommend comes from the club website email center (the coach’s return email address will contain “@CLUB.com”).

Texting and similar electronic communications

Texting is allowed between coaches and athletes. All texts between coach and athlete must be professional and for the purpose of communicating information about team activities.

Electronic imagery

From time to time, digital photos, videos of practice or competition, and other publicly obtainable images of the athlete – individually or in groups – may be taken. These photos and/or videos may be submitted to local, state or national publications, used in club videos, posted on club or club associated websites, or offered to the club families seasonally on disc or other electronic form. It is the default policy of **FLORIDA REGION CLUB** to allow such practices as long as the athlete or athletes are in public view and such imagery is both appropriate and in the best interest of the athlete and the club. Imagery must not be contrary to any rules as outlined in **FLORIDA REGION CLUB’s** Participant Safety Handbook.

Request to discontinue all electronic communication or imagery

The parents or guardians of an athlete may request in writing that their child not be contacted by any form of electronic communication by coaches or Applicable Adults subject to this policy. (Photography or videography). The **FLORIDA REGION CLUB** will abide by any such request that their minor athlete not be contacted via electronic communication, absent emergency circumstances.

Misconduct

Social media and electronic communications can also be used to commit misconduct (e.g., emotional, sexual, bullying, harassment, and hazing). Such communications by

coaches, staff, volunteers, administrators, officials, parents or athletes will not be tolerated and are considered violations of our Participant Safety Handbook.

Violations

Violations of **FLORIDA REGION CLUB's** Electronic Communications and Social Media Policy should be reported to your immediate supervisor, a **FLORIDA REGION CLUB** administrator or a member of **FLORIDA REGION CLUB's** Participant Safety Committee for evaluation. Complaints and allegations will be addressed under **FLORIDA REGION CLUB's** Disciplinary Rules and Procedure.

LOCAL TRAVEL & TEAM TRAVEL

This policy shall apply to:

- 1) Adult members who have regular contact with amateur athletes who are minors
- 2) Any adult authorized by **FLORIDA REGION CLUB** to have regular contact with or authority over an amateur athlete who is a minor.
- 3) Adult staff and board members of **FLORIDA REGION CLUB** (Collectively "Applicable Adult" for the purposes of this policy)

POLICY 4 - LOCAL TRAVEL

Local travel consists of travel to training, practice, and competition that occurs locally and does not include coordinated overnight stay(s).

Transportation

Applicable Adults who are not also acting as a legal guardian, shall not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must have at least two minor athletes or another adult at all times, unless otherwise agreed to in writing by the minor athlete's parent/legal guardian in advance of each local travel.

TRIBE Grievance Process

As stated in your Online Contract there will be NO REFUNDS Given

There are two aspects of this TRIBE Grievance Process. The first is when a player or parent has an issue or concern with the TRIBE coach or team. The second is when the TRIBE coach has an issue with a parent or player. There is a 24-hour rule that no parent can voice a concern about playing time proceeding a tournament.

PLAYER OR PARENT -If a player or parent has a concern or issue with a coach, the following procedure will be followed:

1. STEP 1 -The player should discuss the concern / issue with their coach and work to a mutually agreeable solution. None of the coaches should be considered unapproachable.

TRIBE strives to ensure all coaches are willing to listen to a player's concern. Until the coach is made aware of the concern/ issue, nothing can be done to alleviate it. To Benefit the player, it is preferred to avoid waiting until the end of the season to voice any concerns

2. STEP 2 -If the concern / issue is not resolved to the player's satisfaction, the player and her parents may make an appointment to privately speak with the coach.

3. STEP 3 -If a solution is still not reached, a player or parent can contact the Club Director to set up a meeting with the player, parents, coach.

4. STEP 4—Agree to disagree. If a solution is still not reached, a player or parent can elect to resign as a member of TRIBE. **There will be NO REFUND Given.**

COACH -If a coach has a concern or issue with a parent or player, the following procedure will be followed:

1. STEP 1 -The coach will verbally express their concern / issue with parent or player. A review of the Parent and Player TRIBE Commandments will be suggested.

2. STEP 2 -If the concern / issue recurs, the Coach will issue the parent or player a “yellow” card. The “yellow” card is a final warning to the parent or player that continued behavior is the “last straw” prior to ejection from the practice or tournament.

3. STEP 3 -If the parent or player behavior continues to be inconsistent with the Parent and Player TRIBE Commandments, the Coach will issue the parent or

player a “red” card. The “red” card is an official ejection from the practice or tournament. There is no appeal process.

The Parent and Player TRIBE Commandments are the guiding principles for determining what is or is not inappropriate behavior for the “yellow” and “red” card situations.

Athlete's signature and date _____ Parent's
signature and date _____

Club Release Policy

If an athlete/family decides to depart Tribe Volleyball during the respective season, the following steps must take place:

Release Policy:

STEP 1 - The athlete/family in question must submit a written request for release to the Club Director, Dean Barboza, tribevball@gmail.com and to the Florida Region at registrar@FloridaVolleyball.org stating the reason for the request.

STEP 2 - Club will release the athlete immediately once the following item(s) have been completed:

1. Members must remit all financial obligations agreed upon contractually. Payment Option – Member pays full cost of season. Members will get no refund for payments already received.

Transfer Policy: A player can represent only one club during the Season. A change in geographical location of the family due to a change in job, military, scholastic or inner-collegiate status may receive special consideration. No player may participate in different Qualifying events with different clubs/teams. Proof of residency must be provided by the family at the time of the release/transfer request.

Once an athlete has participated in a National Qualifier Event (Regional or NQ) they may not be released for the rest of the season to another club. Please refer to the USA Volleyball (USAV) Championship Manual on releases for athletes that participate in regional or national qualifying/bid events.

_____ Parent Name
(Print) Parent

Signature _____ Date: